

# DIABETES DISTRESS

Diabetes distress is the burden you may experience as a person with diabetes. One in three people with diabetes suffers from diabetes distress.

## If you ever feel

- uncertain
- sad
- frustrated
- scared

you may be suffering diabetes distress.

## Do you suffer diabetes distress?

Then talk to your treatment provider.



WATCH THE VIDEO  
ABOUT DIABETES  
DISTRESS WITH  
THIS QR CODE.

